

Size label	1. Height	2. CHEST	3. WAIST	4. HIP	5. INSEAM
116 (5-6 Years)	44 - 46"	23 - 24"	22 - 22"	24.5 - 25"	20.5"
122 (6-7 Years)	47 - 48"	24 - 25"	22.5 - 22.5"	25.5 - 26"	22"
128 (7-8 Years)	49 - 50"	25 - 25"	22.5 - 23"	26 - 27"	23.5"
134 (8-9 Years)	51 - 53"	25.5 - 26.5"	23.5 - 24"	27 - 28"	24.5"
140 (9-10 Years)	54 - 55"	27 - 28"	24.5 - 25"	28 - 29.5"	25.8"
146 (10-11 Years)	56 - 57"	28 - 29.5"	25 - 26"	29.5 - 30.5"	26.7"
152 (11-12 Years)	58 - 60"	29.5 - 30.5"	26 - 27"	30.5 - 32"	27.8"
158 (12-13 Years)	61 - 62"	31 - 32.5"	27 - 28"	32 - 33.5"	28.9"
164 (13-14 Years)	63 - 65"	32.5 - 34"	28 - 28.5"	33.5 - 35"	30.0"
170 (14-15 Years)	66 - 67"	34 - 35"	29 - 29.5"	35 - 36"	31.2"
176 (15-16 Years)	68 - 69"	35 - 36"	29.5 - 30"	36 - 37"	32.3"

To measure your clothing size follow these instructions:

- 1. HEIGHT :** Measure from the heel to the top of the head to determine the height.
- 2. CHEST :** To get the right size run a flexible tape measure across the fullest area of your chest, holding the tape measure horizontally.
- 3. WAIST :** Measure around the narrowest part of the waist, keeping the tape horizontally.
- 4. HIP :** Stand with your feet together and measure around the fullest point of the hip, keeping the tape measure horizontally.
- 5. INSEAM :** Measure from your crotch to the bottom of your leg. Be aware that the inseam measurements are based on a regular inseam.

