

## Sports event overview

Here is a general overview on what sporting events to look forward to throughout the year..

Discipline	Event	About event/ Information	Qualification	Contact
<b>Term 1</b>				
Athletics	Sportfest (Interhouse Sports day)	Internal athletics day for all the Gr 1 - 7. It normally takes place on a Saturday in the first term and is a compulsory school day.	Gr 1 & 2 participate in voluntary sprints and fun relays.  Gr 3 - 7 compete in running, jumping and throwing disciplines as well as fun relays.	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>
Athletics	School championships (combined with Sportfest)	The top 6 Gr 8 - 12 athletes (girls & boys) compete in an athletics triathlon (running, throwing and jumping) on the day of the Sportfest.	The best times, distances and heights (Gr 8 - 12) from the athletics triathlon.	Fried Lehmann (Gr 5 - 12) <a href="mailto:friedlehmann@dsk.co.za">friedlehmann@dsk.co.za</a>  Nanette Olivier (Gr 1 - 4) <a href="mailto:nanetteolivier@dsk.co.za">nanetteolivier@dsk.co.za</a>
Athletics	Athletics Triathlon/ Bundesjugendpiele	Gr 8 - 12 compete on a school day in three athletic disciplines ie. jumping, running and throwing.	All Gr 8 - 12 learners participate.	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>
Athletics	Interschools Athletics	An athletics competition between schools from the city bowl. For learners from Grade 1 - 7.	The most successful learners of the school are selected to represent the school as part of the DSK team.	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>
Swimming	Schwimmfest Primary School (Interhouse Gala)	Gr 2 - 7	Learners qualify during swimming practice in the weeks prior to the event; the 12 best swimmers of each grade compete in freestyle; the 6 best swimmers of each grade compete in breaststroke, backstroke and butterfly.	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>

Swimming	Schwimmfest High School (Interhouse Gala)	Gr 8 - 12	<i>See above</i>	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>
Swimming	Interschools Galas	Gr 2 - 7 and Gr 8 - 12	<p>The most successful swimmers are selected for the DSK swimming squad to represent the school at interschools galas in Cape Town and surrounds. Selection for galas are taken from results of internal swimming trials.</p> <p>Learners and parents will be notified if their children are swimming in a gala.</p>	<p>Nanette Olivier (Gr 8 - 12) <a href="mailto:nanetteolivier@dsk.co.za">nanetteolivier@dsk.co.za</a></p> <p>Stefanie Grier (Gr 2 – 7) <a href="mailto:stefaniegrier@dsk.co.za">stefaniegrier@dsk.co.za</a></p>
Various disciplines	Sports Olympiad	This biannual sporting highlight is the prestigious Sports Olympiad organised by the German schools in Southern Africa (Cape Town, Windhoek, Johannesburg, Pretoria and Hermannsburg).	<p>A team of 48 learners is selected based on their ability in various disciplines i.e. athletics, swimming, tennis, volleyball, basketball, soccer and handball.</p> <p>The team is divided into 3 age groups:</p> <p>Group 1: Age group U14</p> <p>Group 2: Age group U16</p> <p>Group 3: Age group U19</p> <p>Qualification takes place at trials held in October and January before the Olympiad. Every learner from Grade 5 and up is welcome.</p>	<p>Fried Lehmann <a href="mailto:friedlehmann@dsk.co.za">friedlehmann@dsk.co.za</a></p> <p>Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a></p>

Term 2				
Various disciplines	Games Day/Spieletag	<p>An inter-class sports day of different disciplines/ games for different grades.</p> <p>The most successful team and the team with the best team spirit will be honoured in an assembly before the winter holidays.</p>	<p>All learners participate:</p> <p>Gr 1 - 2: Gefängnisball</p> <p>Gr 3 - 4: Völkerball (Dodge ball)</p> <p>Gr 5 - 7: Handball or soccer</p> <p>Gr 8 - 12: Basketball or volleyball</p>	<p>Fried Lehmann <a href="mailto:friedlehmann@dsk.co.za">friedlehmann@dsk.co.za</a></p> <p>Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a></p>

Term 3				
Soccer	SLIM Cup	The SLIM Cup is a girls' indoor soccer tournament for Gr 8 - 12 learners. 6 - 8 teams from neighbouring schools are invited and fight for the SLIM Cup trophy which is a highlight at the end of the soccer season.	Coaches selection	Peter Magcweka <a href="mailto:soccer@dsk.co.za">soccer@dsk.co.za</a>

Term 4				
Soccer	Speina Cup	The Speina Cup is an internal soccer tournament for Gr 1 - 4 learners and takes place just before the December holidays.	<i>Not applicable</i>	Marie-Luise Visser <a href="mailto:marie-luisevisser@dsk.co.za">marie-luisevisser@dsk.co.za</a>
Soccer	Get Together Soccer Tournament	This is a fun-filled soccer tournament with the aim of bringing children together from diverse backgrounds. Schools from Khayelitsha to Hout Bay join in on the day.	<i>Not applicable</i>	Reedwaan Pandit <a href="mailto:reedwaanpandit@dsk.co.za">reedwaanpandit@dsk.co.za</a>